

## COVID Protocol Disclosure & Consent Addendum

### **PROTECTING ONE ANOTHER**

Please pause to carefully read the precautions I am taking to protect the health, safety, and well-being of those who provide and receive services in person with Jamelyn Keatts, MA LMHC.

In compliance with Washington state's Department of Health regulations, your clinician is fully vaccinated and follows all protocols outlined by the Department of Health and the Center for Disease Control.

This document contains important information about the risks and benefits of choosing to engage in in-person clinical services during the ongoing COVID pandemic and about the precautions we must take to minimize those risks in any in-person interactions. Please read this information carefully and ask any questions you might have.

### **BENEFITS IN-PERSON CLINICAL SERVICES**

We have decided to meet in-person for clinical sessions because of potential clinical benefits of such services for your individual circumstances. This decision was made based on current public health conditions and on your current clinical needs. If there is a change in the public health situation or to your clinical needs, I may determine that meeting in person is not sufficiently safe and that telehealth services are the best alternative option. If you decide at any time that you would prefer telehealth services, we may do so as long as telehealth is feasible and clinically appropriate.

### **RISKS ASSOCIATED WITH IN-PERSON CLINICAL SERVICES**

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation or ridesharing service.

### **ARE YOU SHOWING SYMPTOMS?**

If you have a fever, cough, muscle achiness, sore throat, new loss of taste or smell, have been traveling in the last 14 days, have been around anyone who has been sick or is in quarantine, if you have a positive COVID test, or if you have been in a group of more than 10 people, please reschedule your appointment or request a telehealth session.

### **FACE COVERINGS ARE REQUIRED**

In order to maintain the health and safety for both of u, a face mask must be worn at all times. Acceptable face coverings include protective/dust masks, KN95 masks, or double layered fabric mask — as long as they cover both mouth and nose.

### **HAND WASHING & SANITIZATION**

When possible, avoid touching surfaces. Railings, door handles and knobs, common surfaces, and supplies will be sanitized regularly. Please wash your hands or use hand sanitizer upon entry and as you leave.

### **SOCIAL DISTANCING**

Whenever possible, please keep at least 6 feet of distance between you and other clients. Please avoid congesting hallways and stairwells.

**MEETING ROOM PRECAUTIONS**

Strict sanitation and safety guidelines will be followed at the office and during our sessions together. UV HEPA air purifiers have been added to improve air quality and destroy pollutants. Spaces have been rearranged to provide ample distance. Surfaces are sanitized between sessions.

**YOUR CONFIDENTIALITY IN THE CASE OF INFECTION**

If you have tested positive for the coronavirus or with COVID, I may be required to notify local health authorities that you have been in the office. If I have to report this, I will only provide the minimum information necessary.

**INFORMED CONSENT**

Your signature below shows that you have received, read, understood, and agree to the terms and conditions in this document, that you fully understand its contents including the risks and benefits of in-person clinical services, and that you knowingly assume those.

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Client Signature

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Date

**This form will be retained in your medical record.**