

Date \_\_\_\_\_ Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work/Cell Phone \_\_\_\_\_

Sex (M/F) \_\_\_\_\_ DOB \_\_\_\_\_

Emergency Contact (name/phone): \_\_\_\_\_

Is it acceptable to contact you at home or cell? Home: Y / N Cell: Y / N  
If "no" to both, then how can I contact you? \_\_\_\_\_

Is it acceptable for me to leave a voice message on preferred method of contact? Y / N

Are you currently under medical care? Y/N  
If yes, then please explain/describe. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of personal Physician & Phone Number: \_\_\_\_\_

Are you currently taking prescribed medications? Y / N  
If yes, then please explain/describe. \_\_\_\_\_  
\_\_\_\_\_

List any psychiatric/mental health medications you have taken. \_\_\_\_\_  
\_\_\_\_\_

Have you been under the care of a psychiatrist, psychologist, or counselor? Y/N  
If yes, please give the name, date and location of the therapy and explain the nature of the problem which  
required attention \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please circle any of the following struggles that pertain to you:

- |                    |               |                  |                   |                          |
|--------------------|---------------|------------------|-------------------|--------------------------|
| Anxiety            | Depression    | Fears/Phobias    | Sexual Problems   | Suicidal Thoughts        |
| Separation/Divorce | Finances      | Drug/Alcohol Use | Career Choices    | Self--Control            |
| Unhappiness        | Insomnia      | Work/Stress      | Health Problems   | Cutting/Self--Mutilation |
| Eating Disorders   | Relationships | Anger            | Religious Matters | Thought Patterns         |

How did you hear about me? \_\_\_\_\_

May I add you to my mailing list for future communications regarding client care & practice updates? Y / N