

Date _____ Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Email Address _____

Home Phone _____ Work/Cell Phone _____

DOB _____ Gender Identity _____

Preferred Pronouns _____ Sexual Orientation _____

Emergency Contact (name/phone): _____

Is it acceptable to contact you at home or cell? Home: Y / N Cell: Y / N
If "no" to both, then how can I contact you? _____

Is it acceptable for me to leave a voice message on preferred method of
contact? Y / N

Insurance Provider: _____ Policy Number: _____

Policy Group Number: _____

Are you currently under medical care? Y/N
If yes, then please explain/describe. _____

Name of personal Physician & Phone Number: _____

Are you currently taking prescribed medications? Y / N
If yes, then please explain/describe. _____

List any psychiatric/mental health medications you have taken. _____

Do you have any history of harm to yourself or others? Y / N

Have you been under the care of a psychiatrist, psychologist, or counselor? Y/N
If yes, please give the name, date and location of the therapy and explain the nature of the problem which
required attention _____

Please circle any of the following struggles that pertain to you:

- | | | | | |
|--------------------|------------|------------------|-----------------|----------------------------|
| Anxiety | Depression | Fears/Phobias | Sexual Problems | Suicidal Thoughts |
| Separation/Divorce | Finances | Drug/Alcohol Use | Career Choices | Self----Control |
| Unhappiness | Insomnia | Work/Stress | Health Problems | Cutting/Self----Mutilation |

How did you hear about me? _____

May I add you to my mailing list for future communications regarding client care & practice updates? Y / N