

Date \_\_\_\_\_ Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work/Cell Phone \_\_\_\_\_

DOB \_\_\_\_\_ Gender Identity \_\_\_\_\_

Preferred Pronouns \_\_\_\_\_ Sexual Orientation \_\_\_\_\_

Emergency Contact (name/phone): \_\_\_\_\_

Is it acceptable to contact you at home or cell? Home: Y / N Cell: Y / N

If "no" to both, then how can I contact you? \_\_\_\_\_

Is it acceptable for me to leave a voice message on preferred method of

contact? Y / N Are you currently under medical care? Y/N

If yes, then please explain/describe. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Name of personal Physician & Phone Number: \_\_\_\_\_

Are you currently taking prescribed medications? Y / N

If yes, then please explain/describe. \_\_\_\_\_

List any psychiatric/mental health medications you have taken. \_\_\_\_\_

\_\_\_\_\_

Do you have any history of harm to yourself or others? Y / N

Have you been under the care of a psychiatrist, psychologist, or counselor? Y/N

If yes, please give the name, date and location of the therapy and explain the nature of the problem which required attention \_\_\_\_\_

\_\_\_\_\_

Please circle any of the following struggles that pertain to you:

Anxiety	Depression	Fears/Phobias	Sexual Problems	Suicidal Thoughts
Separation/Divorce	Finances	Drug/Alcohol Use	Career Choices	Self----Control
Unhappiness	Insomnia	Work/Stress	Health Problems	Cutting/Self----Mutilation
Eating Disorders	Relationships	Anger	Religious Matters	Thought Patterns

How did you hear about me? \_\_\_\_\_

May I add you to my mailing list for future communications regarding client care & practice updates? Y / N